

# Livingston Montessori School

National Nutrition Month

## March 2023



Mon	Tue	Wed	Thu	Fri
<p><b>Breakfast:</b> Cereal or Breakfast Bar Fruit, Milk</p>		<p><b>1</b> Choice, Fruit, Milk ----- Please bring nutritious lunch. ----- Cookies, Milk</p>	<p><b>2</b> Choice, Fruit, Milk ----- Please bring nutritious lunch. ----- Animal Crackers, Sliced Peaches</p>	<p><b>3</b> Choice, Fruit, Milk ----- Please bring nutritious lunch. ----- Wheat Crackers, Grape Juice</p>
<p><b>6</b> Choice, Fruit, Milk ----- Please bring nutritious lunch. ----- Cheese Nips, Apple Juice</p>	<p><b>7</b> Choice, Fruit, Milk ----- Please bring nutritious lunch. ----- Pretzels, Orange Juice</p>	<p><b>8</b> Choice, Fruit, Milk ----- Please bring nutritious lunch. ----- Graham Crackers, Milk</p>	<p><b>9</b> Choice, Fruit, Milk ----- Please bring nutritious lunch. ----- Pineapple, Animal Crackers,</p>	<p><b>10</b> Choice, Fruit, Milk ----- Please bring nutritious lunch. ----- Cookies, Milk</p>
<p><b>13</b> Choice, Fruit, Milk ----- Please bring nutritious lunch. ----- Wheat Crackers, Orange Juice</p>	<p><b>14</b> Choice, Fruit, Milk ----- Please bring nutritious lunch. ----- Cheese Nips, Apple Juice</p>	<p><b>15</b> Choice, Fruit, Milk ----- Please bring nutritious lunch. ----- Applesauce, Graham Crackers</p>	<p><b>16</b> Choice, Fruit, Milk ----- Please bring nutritious lunch. ----- Trail Mix, Grape Juice</p>	<p><b>17</b> Choice, Fruit, Milk ----- Please bring nutritious lunch. ----- Cookies, Milk</p>
<p><b>20</b> Choice, Fruit, Milk ----- Please bring nutritious lunch. ----- Cheese Crackers, Orange Juice</p>	<p><b>21</b> Choice, Fruit, Milk ----- Please bring nutritious lunch. ----- Pears, Graham Crackers</p>	<p><b>22</b> Choice, Fruit, Milk ----- Please bring nutritious lunch. ----- Ritz Crackers, Apple Juice</p>	<p><b>23</b> Choice, Fruit, Milk ----- Please bring nutritious lunch. ----- Cookies, Milk</p>	<p><b>24</b> Choice, Fruit, Milk ----- Please bring nutritious lunch. ----- Wheat Crackers, Orange Juice</p>
<p><b>27</b> Choice, Fruit, Milk ----- Please bring nutritious lunch. ----- Graham Crackers, Milk</p>	<p><b>28</b> Choice, Fruit, Milk ----- Please bring nutritious lunch. ----- Animal Crackers, Applesauce</p>	<p><b>29</b> Choice, Fruit, Milk ----- Please bring nutritious lunch ----- Cheese Nips, Apple Juice</p>	<p><b>30</b> Choice, Fruit, Milk ----- Please bring nutritious lunch ----- Cookies, Milk</p>	<p><b>31</b> Choice, Fruit, Milk ----- Please bring nutritious lunch ----- Trail Mix, Orange Juice</p>